

LURLINE (KETLER) RAPOSO MA, RCC, RPT, BCRPT

Registered Clinical Counsellor and Registered Play Therapist

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Nanaimo, BC

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Qualification Summary

- Registered Counsellor since 2008
- Registered Play Therapist since 2013
- More than 30 years in social service work and many years in an Executive Director, operations, human resources and casework supervision
- Leadership and clinical supervision training and experience
- Competent or proficient with the following therapy methods: Acceptance and Commitment Therapy (ACT), Gottman Couples Method, Expressive Therapeutic models, Play Therapy, Attachment-based Therapy Models, and trauma treatments (Traumatic Incident Reduction-TIR, Accelerated Resolution Trauma-ART and more)
- Expert witness in the area of Parenting and Assessing Parenting Capacity – April 2018, February 2014 Alberta Provincial Courts
- Formally trained in Parenting Capacity Assessment for Section 211 reports and Hear the Child reports.
- Member of the BCACC Ethics and Practice Committee
- Clinical Supervisor for interns, registered counsellors and social workers

Formal Education

Justice Institute of BC - Family Mediation Program (2017-2020)

Yorkville University – Counselling Psychology 2014

Post-Graduate Studies

GPA 4.0 -- Counselling for Health & Wellness, Addictions Counselling, Counselling Couples and Families

City University of Seattle – Masters of Counselling 2011

Post-Graduate Studies

GPA 4.0 – Systemic Theory: Child & Adolescent Counselling

Yorkville University – Master of Arts Counselling Psychology (MACP) 2009

Graduate Studies Program

GPA 4.0

Fraser Valley University – Volunteer & Non-Profit Management Certificate 1997

Continuing Education Certificate Program

One year program - volunteer resource management and non profit management

Simon Fraser University – Bachelor of Arts 1995

Majors: Sociology/ Anthropology

GPA 3.6

Professional Experience

Lurline Raposo Counselling & Family Therapy Private Practice Counsellor

2016-Present
Nanaimo, BC

- Individual, Family and Couples counselling services with a specialization in play and creative therapies, and family therapy
- EAP Affiliate for various EAPs - ComPsych, Optima Health etc
- Contracted Therapist for Crime Victim Assistance Program, Kw'umut Lelum Child and Family Services,
- Contracted Clinical Consultant for Salt Spring and Southern Gulf Islands Community Services Child & Youth Clinical Team

Lurline Raposo Counselling & Family Therapy Private Practice Counsellor

2011-2016
Calgary, AB

- Individual, Family and Couples counselling services with a specialization in play and creative therapies, divorce and separation
- EAP Affiliate for Family Services Employee Assistance, Optum Health Services, Integrated Workplace Solutions
- Contracted Therapist for Alberta Youth Justice
- Contracted Clinical Assessor for parenting capacity and to provide clinical services to Calgary & Area Child & Family Services Authority

Catholic Family Service -- General Counselling, Youth Sexual Abuse Treatment Program Coordinator/ Counsellor

Jan 2009-April 2013

- Individual, family, couples counselling services
- Sexual abuse trauma counselling for children and adolescents 4-18 years and caregivers through a Child & Family Services government contract.
- Administrative and clinical supervisor for the Youth Sexual Abuse program

Hull Child & Family Services – Fast Track Program Family Parent Counsellor

Aug 2007-Dec 2008

- Weekly parenting groups and in-home support and counselling for parents with children identified with conduct problems

Canadian Mental Health Association – Family Support Program Family Support Counsellor

April 2007- Aug 2007

- Psycho-educational workshops and brief counselling for family members supporting someone with a diagnosed mental illness.

Big Brothers Big Sisters

Executive Director/ Casework Supervisor

Jan 2003- April 2007

- Accountable to the Board of Directors for the financial and human resource management and for service delivery of two different mid-sized, charitable agencies — one in BC then one in New Brunswick.
- Supervision of casework, fund development and administration supporting 150 matched children, their families and mentors.
- Responsible for training caseworkers and performing intake for clients and mentors to ensure safety (program risk management).
- Developed and implemented strategic plans, outcome measures and new programming

**Professional
Development
(Chronological)**

Justice Institute Family Mediation Program	Complete Summer 2020
Completed all necessary coursework to graduate May 2020.	
Slaying the Dragon, Progressive Counting & the Fairy Tale Model of Trauma Treatment, Trauma Therapy Innovations: Intensive Trauma-Focused Therapy & the Flash Technique	April 2020
Completed online through the Trauma Institute & Child Trauma Institute with Ricky Greenwald, Psy.D.	
ACT for Adolescents	April 2020
Psychwire course with Dr. Russ Harris for advanced Acceptance & Commitment Therapy practitioners.	
Integrating Neuroscience in the Sand Tray into the Play Room.	January 2020
BC Play Therapy Association 2 day training in Vancouver with Madeleine De Little RTC, MTC, RCS, PhD, Satir & Sandtray Therapy	
Mindful Self-Compassion Core Skills Workshop	April 5-6, 2019
Centre for Mindful Self-Compassion & SFU hosted a 2 day training workshop with Kristin Neff, PhD and Chris Germer PhD	
Neurobiology of Healing through Play: Nurturing Hearts with Brains in Mind	May 2019
BC Play Therapy Association in Vancouver with Dr. Bonnie Badenoch	
Parenting Coordinator Training	May 17-18 & June 20-22, 2018 (5 Days)
Satisfies the 40-hour training requirement for Parenting Coordination under the <i>Family Law Act</i> in BC and "Voice of the Child" interviewer skills for BC Hear the Child Society Roster Continuing Legal Education Society of BC – CLEBC Vancouver, BC	
Supervisory Consultation in Play Therapy	Feb 23, 2018
BC Play Therapy Association – Vancouver, BC	
Working with Aggressive and Violent Children and Youth	Feb 21-22, 2018
2-Day workshop facilitated by Gordon Neufeld, Ph.D Jack Hirose & Associates – Vancouver, BC	
Competency Training in Trans Care for Adults and Youth	Nov 30-Dec 1, 2017
TransCare BC – Comox, BC	
More Synergetic Play Therapy	Jan. 20-21, 2017
Lisa Dion, LPC, RPT-S workshop - Attunement, mindfulness and neurobiology of attachment. BC Play Therapy Association, Vancouver, BC	
When Words Are Not Enough: Integrating Art Therapy	April 8, 2017
BC Play Therapy Association – Josy Valero-Frias, DVATI	

Clinical Social Work Supervision	Oct-Nov 2015
Faculty of Social Work– University of Calgary, Alberta College of Social Workers (20 hours ACSW Continuing Competency Activity Category A credits) Theoretical and structural underpinnings of supervision and the issues supervisors face.	
Critical Incident Group Debriefing	Nov 26, 2015
Crisis & Trauma Resource Institute	
Substance Abuse Professional qualifications training & examination	May 25, 2015
Integrated Workplace Solutions – a division of FSEAP	
Putting Pieces Together Through Play: Healing Trauma & Attachment Wounds	
April 2015 – presented by Alberta Play Therapy Association, Calgary AB 2-day workshop reviewing a model developed by Paris Goodyear-Brown LCSW, RPT-S	
Expressive Arts for Treatment of Trauma in Children & Adolescents: A 4-Phase Model	
Alberta Play Therapy Ass & Carmen Richardson MSW, RCAT, REAT	Feb. 27, 2015
Dyadic Developmental Psychotherapy (Attachment-focused Family Therapy) Level 1	
Presented by Alloway Therapy Services and Dr. Sian Phillips	June 2014
4-day training in family-based relationship development/ attachment and trauma resolution.	
Trauma-Focused CBT for Children & Adolescents	April 2014
Presented by Alberta Play Therapy Assoc. and Alison Hendricks LCSW	
Working with Children Affected by Domestic Violence	March 2014
Presented by Alberta Play Therapy Assoc. and Jean Dunbar MEd, RSW, CPT, CPTS	
Parenting Capacity Assessment Professional Development Series	
Calgary & Area Child and Family Services Authority	
<ul style="list-style-type: none"> • April 2012 - Parenting Assessments, An Overview: Part 1 by John Pearce, PhD, RPsych • June 2013 - Orientation to Children's Services and Child, Youth and Family Legislation • November 2012 - Testifying in Court: Some Essentials by Peter Choate, PhD & Elizabeth Iredale, LLB 	
Emotion-Focused Couples Therapy (EFT)	May 2013
Vancouver Couple & Family Institute Introduction to EFT by the International Centre for Excellence in Emotionally Focused Therapy (ICEEFT)	
Gottman Couples Method LEVEL 2 – Assessment, Intervention and Co-Morbidities	
Gottman Institute – Self-directed training and competency exam completed	
	May 2013
Play Therapy Interventions with Children with Attachment Difficulties	April 2013
Rocky Mountain Play Therapy Institute & Eileen Prendiville ECP, MIAHIP, MIAPTP Day training in the EPR model for working with children who have experienced trauma and attachment problems.	
Trauma Incident Reduction Model (TIR) Expanded Applications	Sept 2013
Presented by Trauma Incident Reduction Association and Pauline Carey MA, RCC	

DSM-5: What's New – What's Different	Nov 2013
Presented by Crisis & Trauma Resource Institute Half-day training to review changes and controversies in the new Diagnostic Manual	
Parenting Capacity Assessments in Child Protection Matters	Oct 2012
Centre Social Work Research & Professional Development–University of Calgary One month of study (20 CE with Alberta College of Social Workers) – Peter Choate, RSW, PhD	
Sandtray World Play Workshop	Feb 2011
Alberta Play Therapy Association, Facilitated by Theresa Fraser 1-day training to introduce Sandtray-Worldplay techniques.	
Gottman Couples Method Level 1 – Bridging the Couples Chasm: Couples Therapy	
The Gottman Institute and Alberta College of Social Workers –	March 2011
Two-day training presented by John and Julie Gottman	
Brief Trauma Incident Reduction Model (TIR)	June 2011
Trauma Incident Reduction Association – Pauline Carey MA RCC Four-day training to learn TIR – a brief and highly effective therapy for resolution of trauma, PTSD and a range of psychological issues.	
User-Friendly CBT for OCD and Anxiety in Children and Adolescents	March 2010
Alberta College of Social Workers Continuing Education Two-day training sponsored by Jack Hirose & Associates	
Play Therapy Theory & Skills Beginner (Green Stream)/ Advanced (Red Stream)	
August 2009/ July 2010 Rocky Mountain Play Therapy Institute – Lorrie Yasnik PhD, RSW, RFM, CPT-S, RPT-S and Ken Gardner MSc, RPsych, CPT-S Two ten-day intensives for each level to meet Canadian and American registration requirement for play therapists. Completed August 2009 and July 2010	
Acceptance and Commitment Therapy (ACT) Clinical Training Program	April 2008
Association for Contextual Behavioral Science – Chicago Summer Institute 5-day intensive for third-wave cognitive behavioural therapy techniques & theory that includes mindfulness, acceptance and values identification.	
Executive Director and Case Management Skills Program	June 2004 & June 2005
Big Brothers Big Sisters Canada Administration and operation skills to manage a nonprofit social service organization. Effective screening techniques, counselling and case management to ensure safety of volunteer mentors working with vulnerable young people.	

Professional Workshop Facilitation Experience	<p>Mindful Change: An Acceptance and Commitment Therapy Group Facilitated this 6-7 week group for people with diverse psychological struggles using acceptance, mindfulness and valued-action.</p> <p>Parenting with Brains In Mind A 5-hour workshop on connecting current neuroscience regarding attachment to mindful parenting practices.</p> <p>Effective Co-Parenting Evening Seminar Basic introduction for recently separated parents through Fairway Divorce, Calgary.</p> <p>Kids: The ♥ of Co-parenting An Introductory one-day workshop for family professionals supporting people through issues of separation and divorce. Facilitated for Lacombe & District Family and Community Support Services FCSS. A workshop offered through BC Council for the Family</p> <p>Effective Co-Parenting: Putting Kids First A 1-day workshop to support parents through issues in separation and divorce and co-parenting. Facilitated for Drumheller, AB Family and Community Support Services FCSS.</p> <p>Marriage Preparation for Engaged Couples Through Calgary Catholic Family Service One-day workshop on what couples can expect after marriage and focuses on communication and conflict tools.</p>
Professional Memberships & Registrations	<p>BC Association of Clinical Counsellors (BCACC) - Full Registered Member Association for Play Therapy (APT) – Full Registered Member Association for Contextual Behavioural Science (ACBS) BC Play Therapy Association (BCPTA) – Full Registered Member BCACC Ethics and Standards Committee – Voluntary Member</p>